EVALUATION OF SPEEDING AND BEHAVIOUR OF DRIVERS IN ROADWORK ZONES

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Abstract. Due to the increased traffic flow, more and more roadwork zones are formed in highways. Accidents are a significant problem in all European countries in roadwork zones while noncompliance with speed limits is one of the major safety concerns. Therefore roadwork zones are critical places from the point of traffic safety view where the possibility to get into an accident is increased. Roadwork zones introduce deviations from regular travel situations, and appropriate speed is needed to assure that the driver navigates safely through the roadwork zone. This research focuses on speed measurement in roadwork zones and attempts to evaluate the effectiveness of safety measures on speed limit compliance.

Keywords: enforcement, roadwork zone, safety measures, speeding.

Introduction

Continually rising traffic volume causes the degradation of the road and shorter inter-repair period. Therefore, the number of roadwork zones is continuously increasing. Road operation and maintenance are
the central part of road asset management. Only cost-efficient and timely repair of degraded pavements ensure optimal and balanced use of funds allocated to road maintenance, as well as cost savings for the society. However, it should be noted that any intervention into the lane, where roadwork is carried out without closing of traffic, causes discomfort to the road users. Overcoming the roadwork zone on the road increases the likelihood of accidents. A roadwork zone entails deviations from regular travel in a discrete road section and may include angular deviations from the regular road design. Without proper control of the vehicle, a driver may collide with other vehicles, run off the road, or even enter the restricted areas of the roadwork zone (Vadeby, Sörensen, Bolling, Cocu, Saleh, Aleksa, ... & Tucka, 2016).

Human errors and excessive speed have been identified as the significant causes of roadwork zone crashes (Debnath, Blackman, & Haworth, 2012). Human errors are attributed to poor behaviour in certain situations (driving through a red traffic light signal), driver inattention (poor attention to road signs). Also, there are much more surroundings in roadwork zones whose easily distract the driver. Drivers used to underestimate the danger of roadwork zone since that not all risks and hazards can be controlled entirely. Debnath, Blackman, & Haworth (2015), Thomson, Saleh, La, Cocu, & Tucka (2014), Atomb, Wu, Zhong, & Zhang (2016) and Soole, Watson, & Fleiter (2013) and SWOV (2010) report state that speeding is a most common violation and accidents causer in roadwork zones.

1. Literature Review

Khattak, Khattak & Council (2002) and a study of the European Transport Safety Council (2011) indicate that driving through the roadwork zone significantly increases the chances to get into an accident. Paying attention to the safety of road workers is necessary. In 2009, in Netherlands 18 people were killed in roadwork zones (SWOV, 2010). In 2010, in Austria 120 road accidents occurred in roadwork zones where four people were killed (European Transport Safety Council, 2011). In 2012, Sweden reported about 385 accidents in roadwork zones where three people were killed (Liljegren, 2014). In 2014, in Pennsylvania State (USA) 24 people were killed at road construction sites, 9 of them – road workers (Occupational Fatal Injuries in 2014). In 2011, in Poland 11 accidents occurred in roadwork zones where 18 people were killed (Żochowska, 2014). Implementing innovative measures, running educational campaigns, coaching road workers on the behaviour of the roadwork zones can be useful tools to prevent accidents at roadwork zones.
Adminaitė, Allsop, & Jost (2015) indicates that accidents in roadwork zones account for 4% of all accidents occurring on motorways in Austria and 9% in Belgium. Also, Lithuania has taken action to reduce the number of accidents in roadwork zones, although they account for less than 1% of the total number of road accidents in the period 2012–2015.

One of the main problem causing accidents in roadwork zones is that drivers often accepts roadwork zone as a standard section of road where there are none speed and traffic restrictions. For this reason, various elements and measures of traffic calming should be used to prevent the occurrence of a road accident. Worldwide wide varieties of safety measures are used to improve speed limit compliance. These measures are be categorised based on their functional characteristics as informational, physical, enforcement, and educational (Debnath, Blackman, & Haworth, 2012). The informational measures procure road users to roadwork related information such as speed limits or hazard warnings. Research by Brewer, Pesti, & Schneider (2005) has shown that the presence of portable changeable message signs reduced the average speed by 3.4 km for passenger cars and 2.1 km/h for trucks in Texas roadwork zones. Georgia Transportation Institute (Wang, Dixon, & Jared, 2005) determined that the variable message sign with radar do help reduce the adjacent speed at two-lane and two-way rural highway locations. Though the speed reduction is small (ranging from 1.6 km/h to 4.8 km/h) the reduction is maintained over time as well as downstream of the sign placement. Clemson Researchers, in their study (Sarasua, Ogle, Davis, & Chowdhury, 2006) determined that the use of variable message signs reduce the average speed by 6.4 km/h.

Various physical measures are used at roadwork zones and usually they are placed on the road surface with the aim to reduce speed. The California Dept of Transportation (in 2012) tested rumble strips in areas leading up to roadwork zones and found that 46% of traffic slowed down, with nearly half of all vehicles slowing down by an average speed of 12.8 km/h. Other studies report less speed reduction of 1.8–3.5 km/h for cars (Fontaine & Carlson, 2001) and 1.5–3.7 km/h for trucks (Meyer, 2000). Some countries are applying techniques of temporary lane narrowing. However, some studies determined that too narrow lanes (less than 3.0 m) may lead to driver discomfort, difficulty in remaining within the lane and increased collisions (Harmelink & Edwards, 2005).

Enforcement measures are used to impose speed limits by the presence of police car or automated speed monitoring. The Minnesota Dept of Transportation (Minnesota DOT, 1999) examined the effectiveness of police enforcement in roadwork zones during 1999. The study found that the 85th percentile speed was reduced from 82.0 km/h to 69.2 km/h when a police vehicle was parked upstream of the work
Figure 1. Traffic data collection device
single unit 5 or more axle trucks.

The analysis of roadwork zones in highways, national and regional roads indicated a tendency to exceed speed limits on highways. Meanwhile, apart from isolated cases, there is no tendency to exceed speed limits in roadwork zones in national and regional roads. Therefore, the speed measurement research carried out in highway A1 Vilnius–Kaunas–Klaipėda, section 60.80–63.30 km, on August 10–22, 2016. Four traffic data collectors that were installed in the roadwork zone are listed in Figure 2.

2.2. Experimental results

The positions of data collectors chosen to determine what influence to speeding have stationary speed camera and dummy speed camera. Temporary lanes narrowed because let moving vehicles in two lanes per one direction. The first lane was 2.60 m in width, while the second was 2.00 m. Installed collectors gathered data for 12 days. Figure 3 shows the dependence of the speed on the vehicle category.

Speed results showed that all types of vehicles violated the speed rules within the roadwork zone. By speed results, the average speed of
passenger cars and single unit 3-axle or 4-axle trucks was highest. The first data collector recorded that the average speed of motorcycles was highest at the beginning of the approach roadwork zone but gradually decreased towards work zone. Transition zone was between second and third data collectors. The average speed of all vehicle categories was much lower in this zone due to the nearby roadwork area and narrow lanes. Since motorcycles are the most vulnerable road users, their average speed was the lowest in this section of the roadwork zone. However, the average speed was higher than the allowable speed limit nevertheless what vehicle category during the roadwork zone. The fourth data collector stated increasing of average speed, and the fact of roadwork zone ending possibly influence these speed violations. The particular roadwork area was passed. For this reason, road users did not see the danger to driver faster. The average speed could be higher, but the stationary speed camera was installed in the middle of the roadwork zone, between third and fourth data collectors, which impeded offenders.

Figure 4 shows the average value of speeding and which data collector recorded most violations of speeding. First and second data collectors installed in the approach roadwork zone to determine the dummy speed camera and warning signs efficiency. Third and fourth data collectors were placed to fix what influence has a stationary speed camera to speed. It is possible to determine how road users deal with transition area and narrowed temporary passing lanes from driving speed perspective having all results.

Analysis showed that dummy speed camera in the approach roadwork zone reduced the number of speed offenders by 17% who were
speeding more than 20 km/h. Second data collector recorded 7% fewer speed violations, while comparing to the first data collector. The average speeding reduced by 2 km/h (from 19 km/h to 17 km/h). However, looking at the results of the second data collector, it is a visible increase of up to 20 km/h speeding violations. It is concluded that dummy camera reduced the number of high-speed violations (over 20 km/h) but increased the number of low-speed (up to 10 km/h – 8%) and medium-speed (11–20 km/h – 2%) violations. Enforcement camera systems... (2008), dummy speed camera influences speeding, but temporary measurement and efficiency decreases during the time.

Results from second and third data collectors determined that the high-speed violations decrease by 18% (to 13%). The total amount of violations decreased by 10% in this section of roadwork zone, and the average speeding decreased to 16 km/h. It can be assumed that transition area, narrow lanes, and warning signs could influence to speed decrease.

Results from third and fourth data collectors showed that the total amount of speeding violations decreased by 5% and low-speed violations down by 8%. However, the fourth data collector recorded 5% more medium-speed violations.

Result analysis of first and fourth data collectors indicates that the average speeding decreased by 3 km/h. The number of violations decreased by 22% (from 96% to 74%). The number of high-speed offenders decreased by 37%. However, the medium-speed and low-speed offenders increased respectively by 9% and 6%. A frequency of speeding

![Figure 4. Speed distribution in a roadwork zone](image-url)
up to 10 km/h can be influenced by the valid Lithuanian legal acts, which make no provision for the financial responsibility of the violator of Road Traffic Rules but an only warning.

2.3. Drivers behaviour in roadwork zones

The enclosure scheme and traffic calming measures have much influence on the behaviour of drivers in roadwork zone. For this reason, the evaluation of roadwork zone installation and correspondence to sample schemes in regulations was involved in this research part. Nineteen roadwork zones were selected for scheme and inspection of the behaviour of drivers. The Table presents the list of selected roadwork zones for research.

Road administrations and agencies worldwide provide standards and guidelines for the design and implementation of traffic calming measures of roadwork zones. These documents must be followed to ensure the safety of motorists and workers. Typically, these documents require traffic control devices such as temporary speed limits, signs, barricades, and other devices placed in advance of and within the roadwork zone. They are used to inform, warn, and guide drivers and help them to maintain proper positioning and speed (Paolo & Sar, 2012). In all cases, the roadwork zone enclosure and organization carried out by the standard schemes, which are available on the T DVAER 12 Enclosure and Traffic Regulatory Rules in Road Work Zone (2012). Additional signs adjusted some schemes with other permissible speed limits (lower permissible speed).

T DVAER 12 (2012) regulation states that are not required to revoke the former horizontal markings (white colour). As a result, the horizontal marking with a white colour was left in all investigated cases, and temporary lanes were marked with a yellow colour. In several study sites, different marking options were misleading drivers on the carriageway and led to chaotic driving. Although, during the investigation, none of the road accidents was recorded. Double marking is misleading drivers and increases the risk of accidents (SWOV, 2010).

Oncoming traffic flow in roadwork zones separated by plastic barriers, connected to each other to form a solid line. There have been instances when the oncoming traffic flow separated only by directional guidelines without reflective or light-emitting elements. This type of enclosure does not protect against intrusion of the vehicle into the lane of the oncoming traffic flow, which can cause painful accidents.

The carriageway and constructed lane separated by steep slope without any elements, which can physically stop departing vehicle. What is more, lack of light-emitting elements, whose should be an aid in the dark by marking the side of the carriageway? The accident
### Table. Selected roadwork zones for installation and inspection of the behaviour of drivers

<table>
<thead>
<tr>
<th>No.</th>
<th>Road, section from–to km</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>A1 Vilnius–Kaunas–Klaipėda 19.75–22.00 km</td>
<td>Interchange construction. The traffic redirected from the right side of the road to the left side. Oncoming traffic, for this reason, speed limit 50 km/h. Four lanes (2 lanes for one direction).</td>
</tr>
<tr>
<td>2.</td>
<td>A1 Vilnius–Kaunas–Klaipėda 60.80–63.30 km (right side)</td>
<td>Interchange construction. The traffic redirected from the right side of the road to the left side. Oncoming traffic, for this reason, speed limit to 50 km/h. Four lanes (2 lanes for one direction).</td>
</tr>
<tr>
<td>3.</td>
<td>A2 Vilnius–Panevėžys 71.60–72.80 km</td>
<td>Pedestrian overpass construction. The traffic redirected from the right side of the road to left. Oncoming traffic, speed limit 70 km/h. Two lanes (1 lane for each direction).</td>
</tr>
<tr>
<td>5.</td>
<td>A5 Kaunas–Marijampolė–Suvalkai 17.34–23.40 km (right side)</td>
<td>Road rehabilitation. Traffic redirected from the right side of the road to left. Oncoming traffic, speed limit 70 km/h. Two lanes (1 lane for each direction).</td>
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<tr>
<td>6.</td>
<td>A6 Kaunas–Zarasai–Daugpilis 142.00–150.10 km</td>
<td>Road rehabilitation. One lane, traffic controlled by traffic lights.</td>
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<tr>
<td>7.</td>
<td>A8 Panevėžys–Aristava–Sitkūnai 8.32–23.36 km</td>
<td>Road rehabilitation. Speed reduced limit 70 km/h, two lanes (1 lane for each direction).</td>
</tr>
<tr>
<td>9.</td>
<td>A15 Vilnius–Lyda 12.59–12.60 km</td>
<td>Bridge construction. A temporary detour has built, traffic controlled by traffic lights.</td>
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<tr>
<td>10.</td>
<td>A15 Vilnius–Lyda 15.63–15.73 km</td>
<td>Bridge construction. A temporary detour has built, traffic controlled by traffic lights.</td>
</tr>
<tr>
<td>11.</td>
<td>102 Vilnius–Švenčionys–Zarasai 16.30–21.82 km</td>
<td>Speed limit 50 km/h.</td>
</tr>
<tr>
<td>12.</td>
<td>108 Vievis–Maišiagala–Nemenčinė 53.00–53.66 km</td>
<td>Speed limit 30 km/h.</td>
</tr>
<tr>
<td>13.</td>
<td>129 Antakalnis–Jieznas–Alytus–Merkinė 27.18–27.60 km</td>
<td>Speed limit 50 km/h, traffic controlled by traffic lights.</td>
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<tr>
<td>No.</td>
<td>Road, section from–to km</td>
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<td>14.</td>
<td>141 Kaunas–Jurbarkas–Šilutė–Klaipėda</td>
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<td></td>
<td>18.7–19.4 km</td>
<td>Speed limit 50 km/h, traffic controlled by traffic lights.</td>
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<td></td>
<td>20.6–21.54 km</td>
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<tr>
<td>15.</td>
<td>183 Ažuolų Būda–Kazlų Rūda</td>
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<td></td>
<td>0.00–4.37 km</td>
<td>Speed limit 50 km/h.</td>
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<td>16.</td>
<td>2606 Gudeliai–Smilgiai–Būdviečiai</td>
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<td></td>
<td>2.00–3.00 km</td>
<td>Speed limit 50 km/h.</td>
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<td>17.</td>
<td>2813 Gečiai–Kuktiškės–Tauragnai</td>
<td></td>
</tr>
<tr>
<td></td>
<td>0.00–7.13 km</td>
<td>Narrowed lanes, speed limit 30 km/h, traffic controlled by traffic lights.</td>
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<tr>
<td>18.</td>
<td>3311 Jiezna–Nibriai</td>
<td></td>
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<tr>
<td></td>
<td>0.00–7.53 km</td>
<td>Speed limit 50 km/h.</td>
</tr>
<tr>
<td>19.</td>
<td>4727 Trakai–Lentvaris–Mūrinė Vokė</td>
<td></td>
</tr>
<tr>
<td></td>
<td>3.77–5.30 km</td>
<td>Narrowed lanes, speed limit 50 km/h.</td>
</tr>
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</table>

analysis showed that one of the most frequent causes of accidents in the roadwork area is driving off the road. Contractors should select the appropriate measures to ensure that the vehicle will not be able to leave the lane and drive off the road or crash into an oncoming vehicle.

Traffic lights used to regulate traffic flow in a few roadwork zones, since there was no opportunity to let traffic flow in two lanes. The high traffic volume caused the jams in the roadwork zone. It is essential to estimate traffic volume and composition to adjust the light cycle of a red and green traffic light. The poor timing of traffic light could cause additional problems when drivers start running on a red light when they did not see any oncoming vehicle in front. In addition, it should be considered the length of the road sections controlled by a traffic light.

Another common phenomenon in roadwork zones, especially in highways, was short-term narrow lanes. By T DVAER 12, the minimum width of lanes shall be 2.50 m, but in exceptional cases, it may be reduced to 2.20 m. From a human factors perspective, reduced lane width means less lateral maneuvering distance and a reduction in the distance between the vehicle and roadside obstacles such as traffic control drums or barriers. These measures require more driver attention, and drivers often compensate by reducing speeds (Harmelink & Edwards, 2005). During the investigation, it was noted that vehicles hardly contain in lanes, which can be a cause of damage-only accidents. The traffic flow was organized in two lanes in each direction, and heavy vehicles consisted of more than 10% of traffic volume. It was not practically possible to overtake the heavy vehicle. By Li & Bai (2009) studies, a road accident with a heavy vehicle...
is four times more dangerous than a road accident with a car. Therefore, instead of two lanes in each direction, it became one wide lane for safe overtaking because the second short-term lane was too narrow.

Conclusions
Experimental results showed that violation of the speed limit on the roadwork zones is a common phenomenon. Passive traffic calming measures, including speed limit signs, cones, and road marking, maintain the order of driving and helps to predict the behaviour of road users. However, these measures do not ensure that drivers comply with the permissible speed. Research results showed that the use of traffic calming measures, including stationary speed camera or dummy speed camera, help to maintain the permissible speed limit. The presence of the dummy speed camera in roadwork zone reduced high-speed violations by 17%. Stationary speed camera reduced total speeding violations by 5%. However, the presence of measure not only reduced the number of violations but also guaranteed the sustainability of high-speed violations. The complex of active (dummy speed camera and stationary speed camera) and passive (speed limit signs, cones, road marking) traffic calming measures reduced the average speeding by 3 km/h. The number of all violations from the approach to the end of the roadwork zone decreased by 22%, and the number of high-speed offenders decreased by 37%.

Visual inspection of roadwork zones and analysis of the behaviour of drivers showed that contractors do not always follow the rules of regulations and does not take care of traffic organization through the roadwork zone. The speed was not recorded in many roadwork zones, but it was clear that many road users exceeded the permitted speed. Traffic calming measures and selected traffic organization scheme determine the misbehaviour of road users. Permanent road marking should be erased or hidden to avoid the distraction of road users. Oncoming traffic flow should be separated by solid elements whose could stop the deviated motor vehicle. The road section where traffic light applied for traffic organization may be simulated with computer software by traffic flow and the share of heavy vehicles. This step allows selecting proper time loops of a traffic light to prevent traffic jams and indignation of road users. Narrowed lanes could be helpful to reduce speeding in roadwork zones, but it cannot be used in all roadwork situations.

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Fatal occupational injuries at road construction sites, 2003-2014


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